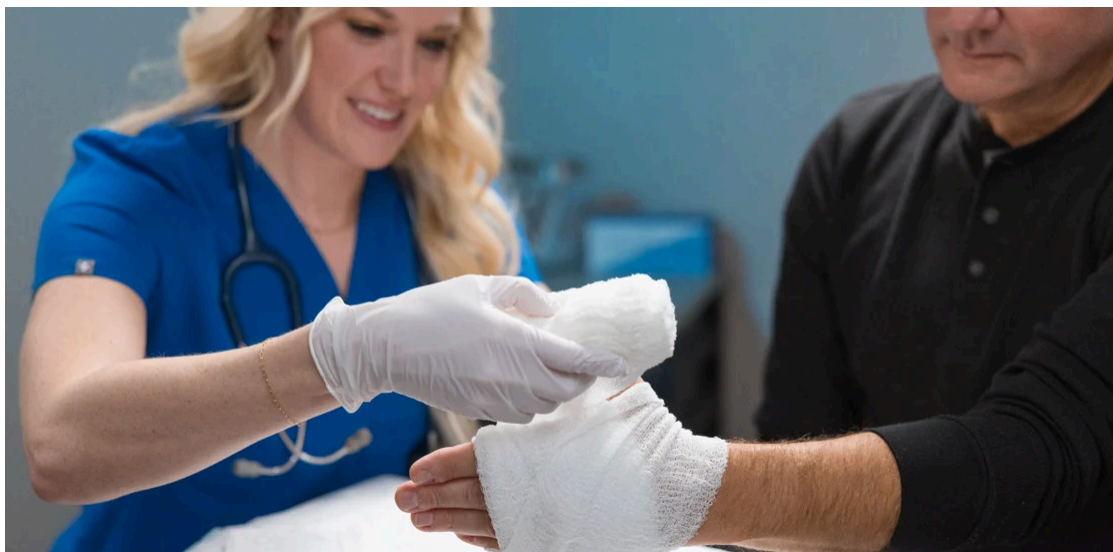




Adena Health Resource

Your Resource for Health and Wellness

Urgent Care or Emergency Department?



Know Where to Direct Your Employees for Care

When your employees hear the words "emergency department" or "urgent care," the difference is not always clear. Find helpful tips on when to choose Urgent Care or the Emergency Department.

[Learn More](#)

Winter Blues Have Your Team Feeling Down?



The winter season is here, and the colder weather and shorter days may cause your employees to feel more isolated, lonely, and less motivated, which can cause lower productivity.

Share these simple tips to ease this common problem.

[Learn more](#)

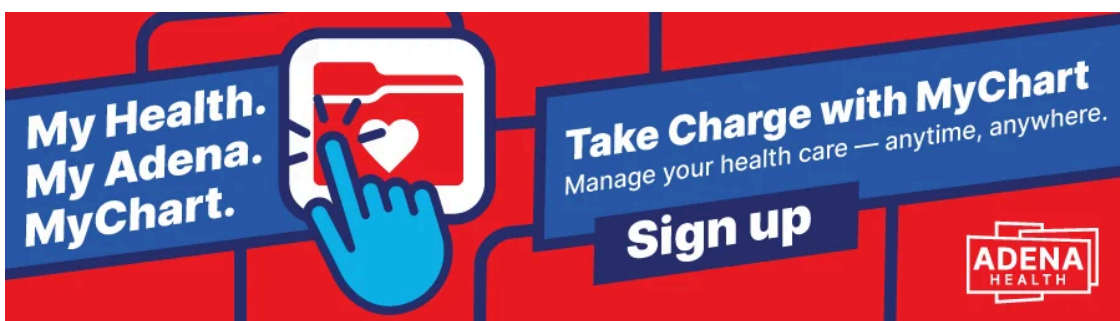
Cardiac Services Available at Adena Health



We provide cardiac services in Chillicothe, Circleville, Greenfield, Jackson, Washington Court House, and Waverly. This ensures employees have access to essential cardiac care.

The Adena Heart and Vascular Center is here to help.

[Learn more](#)



Helpful Contacts

- Find a primary care doctor: 740-779-FIND (3463)
- Occupational Health support: 740-779-7813
- Locate an urgent care close to you: www.adena.org/urgentcare

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